



Dorado Stars Swim Club

Dorado Stars Winter Invitational

Events & Sessions

Saturday January 28th 2012
Mayfield Recreational Complex,
12087 Bramalea Rd.
Caledon, ON.
L7C 2P9

(NE corner of Mayfield Rd and Bramalea Rd)

Date:

Saturday January 28th 2012

Age Groups for Scoring:

Girls and Boys 10 and under, 11-12, 13-14 and 15 and over

PM Warm-up Session:

1:00 pm till 1:45 pm

Start Time Session:

1:50pm (estimated PM session finish at 5:00 pm)

Evening Warm-Up Session:

5:30 pm till 6:15 pm

Start Time Session:

6:20 pm (estimated PM session finish at 9:30 pm)

**No session will be longer than 4.5 hours.*

Meet Referee:

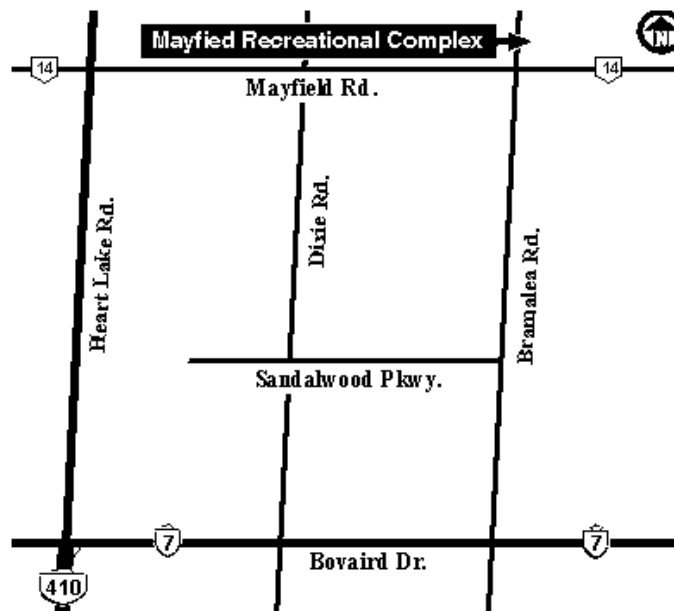
Dave Denyer Level 5

Meet Manager:

Barb Hillson, bhillson@rogers.com

Location:

Mayfield Recreational Centre, Caledon, Ontario
North East corner of Bramalea Road and Mayfield Road



Facility:

6-lane, 25-meter competition pool
Pool depth certification on file
This facility is barrier free and completely wheelchair accessible.

Competition:

Sanctioned by Swim Ontario. All current SNC rules apply and the one-start (“no false start”) rule will apply. All events are Timed Finals. All ages will swim together separated by gender with final results separated by the following age groups (and will then match the graduating standards).

Eligibility:

Swimmers registered as “competitive registered swimmers” with Swim Ontario, SNC, USS or FINA. Ages submitted are to be as of the start of the meet, January 28th 2012.

Entry Restrictions:

This is an invitational meet. Participation of this meet is at the full discretion of the Dorado Stars Swim Club. **No qualifying times.**

Awards:

Ribbons for 1st to 6th place finishes.

Safety Procedure:

SNC Safety Procedure applies. See below.

Request for Officials:

We can always use officials to help run the meet. If any of your officials are available to work, please contact Alison Riddall, Officials Coordinator at ariddall@rogers.com

Entries:

The only meet package which will be considered as valid must be the most current version found on www.swimmeet.ca

Meet Management reserves the right to delete a swimmer from an entry or results file for incorrect or absent 9 digit ID numbers and/or correct date of birth. Only swimmers (includes age group and university athletes) with valid Swimming Canada identification numbers will be considered for acceptance into the meet. All entries must be in Hy-Tek format and submitted via www.swimmeet.ca No entries will be accepted directly by meet management. Teams are required to ensure that the Hy-Tek database is properly configured to include coach and club contact information.

Entries will be accepted in order received. Entries are only considered confirmed once you have received a confirmation from the Meet Manager, Barb Hillson at bhillson@rogers.com

Entries must be submitted using provable times. Seeding will be in the following order:

- Entries with qualifying short course times in meters
- Entries with qualifying long course times in meters
- Entries with other qualifying times, then
- Entries with no qualifying times.

There will be no conversion of entry time.

Entry Fees:

\$45.00 flat fee per swimmer. Limit of 5 events per swimmer. Please bring cheques (payable to The Dorado Stars Swim Club) to the meet and give to the Meet Manager prior to the start of the Meet.

Deck Entries:

Considered exhibition swims only are \$10.00 per swim.

1. Swimmer substitutions will not be allowed. Swimmers must be scratched and then the appropriate swimmers must be deck entered paying the deck entry fee.
2. Deck entries will be considered in empty lanes or lanes available due to scratches at the discretion of the Clerk of Course.
3. No additional heats will be added.
4. Fees must accompany deck entry form.

Scratches:

Scratches are to be made at the clerk of course desk 30 minutes prior to the start of each session. There will be no penalty for late scratches.

Hy-Tek Entry Deadline:

Meet entry deadline is January 12th 2012

Changes to entries will not be accepted after January 20th 2012

Meet Results:

The meet program will be run on Hy-Tek Meet Manager. Results will be posted as quickly as possible at the meet and uploaded as soon as possible of www.swimming.ca

Order of Events:

PM session: Saturday January 28th 2012
Warm up: 1:00 pm to 1:45 pm
PM Session Start: 1:50 pm
Estimated End: 5:00 pm

GIRLS EVENT #	EVENTS	BOYS EVENT #
1	200 free	2
3	100 back	4
5	100 Fly	6
7	50 free	8
9	400 IM	10

Dinner Break 5:00 pm till 5:30 pm

Evening session: Saturday January 28th 2012
Warm up: 5:30 pm-6:15 pm
PM Session Start: 6:20 pm
Estimated End: 9:30 pm

GIRLS EVENT #	EVENTS	BOYS EVENT #
11	200 IM	12
13	100 Free	14
15	100 breast	16
17	400 free	18

Warm-up Procedures 2005

During the designated warm-up period, the meet management committee shall be responsible for ensuring that all Risk Management/Warm-up procedures are followed. It is incumbent on all participants, i.e. meet management, coaches, swimmers, and officials to comply with these procedures. Non-compliance with these procedures will result in a warning or removal of the swimmer from the warm-up pool, and possible further reporting to meet management and the Referee for action under rule SW 2.1.1.

Meet management shall designate Safety Marshals to actively monitor the warm-up period in the competition pool and ensure compliance with these procedures. Safety Marshals should be notified of any disabled swimmers who are participating in warm-ups. Additional "practice" pools, if any, are to be supervised by lifeguards and coaches.

"Safety Marshals shall be responsible to the Referee for all aspects of safety related to conduct during the warm-up period and shall ensure that all appropriate warm-up procedures are followed." (CSW 2.13.1.5)

General Warm-Up Rules:

- ☐ Swimmers shall enter the water FEET FIRST in a cautious manner.
- ☐ No Running on the pool deck or Diving from the side of the pool.
- ☐ Meet Management shall provide signage to indicate designated lane use during warm-up.
- ☐ Notices/barriers shall be placed on starting blocks to prevent diving during the general warm-up.
- ☐ Diving Starts are only permitted in the designated Sprint Lanes (at the deep end only) during the warm-up period.
- ☐ Lanes shall be open primarily for 'Circle Swimming' during the General warm-up period.
- ☐ Coaches and swimmers shall allow Backstrokers & SWAD the 'right of way' for safety purposes.
- ☐ Meet Management may designate a Sprint Lane(s) and/or a Pace Lane(s) throughout the general warm-up period.

Specific/Sprint Warm-Up Period:

- ☐ Sprint and Pace lanes must be opened for at least the last 30 minutes of warm-ups or as designated by meet management.
- ☐ Outside Lanes should be designated as Sprint Lanes.
- ☐ Only 'one-way' swimming shall be permitted in Sprint Lanes.
- ☐ Sprint Lanes, Pace Lanes, and Circle Swimming lanes shall be clearly marked with signage.

The following statement shall appear in the meet information and in posted notices: "SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET".

Equipment:

- ☐ FLUTTER BOARDS and PULLBUOYS are allowed.
- ☐ HAND PADDLES and FLIPPERS (ZOOMERS) are NOT ALLOWED.

SNC Board Approved July 6, 2005

Swim Ontario Positions Regarding Suit Technology April 26

Swim Ontario and the SDC has been monitoring the advancements made in swim suit design and their impact on the sport over the past year had been discussing the possible effects on competition at the Age Group Level.

The following is the proposed changes to regulated swim suits in age Group competition.

1. All swimwear worn by competitors in sanctioned Swim Ontario competitions conducted in Ontario shall be commercially available and as a minimum standard, in compliance with SNC and FINA regulations.

2. Swimwear worn by competitors in sanctioned Swim Ontario Age Group events shall conform to the following design-effective (Sept. /09)

- i. Men's Swimwear is limited to one swimsuit that covers at most the body surface from the hips to knee (jammer style). Swimwear must not extend beyond the waist or below the knees.*
- ii. Women's swimwear is limited to one swimsuit that is of "open back" or "open shoulder" design that may extend down to the knee. Swimwear must not extend below the knees.*
- iv. Swimwear must not have a zipper, any type of fastening system. Drawstrings will be permitted in male jammers or briefs.*
- v.*
- vi. For reasons of modesty a brief bottom will be allowed under the suit for males and biking type top will be allowed for females.*

An Age Group Event is defined as any 14 and under swimming event conducted under Swim Ontario sanction. This includes Junior Provincial Championship, Regional Championships and all Club Invitational's.

***Please note that this does not apply to any SNC hosted competitions, OUA/CIS competitions and Ontario Sr. Provincials or specifically identified competitions as per Swim Ontario as "EXEMPT".*

The swimsuit policy will be included in the meet package at the time of sanctioning and published with the sanctioned meet package.

MAYFIELD RECREATION CENTRE EVENT PROCEDURES FOR MEET MANAGERS, OFFICIALS AND COACHES

1. The Mayfield Recreation Centre Part Time Supervisor will be responsible for handling any problems that arise with space allocation or safety during the meet.
2. Absolutely no food in the bleachers or on the pool deck with the exception of drinks provided for the officials working during the event.
3. No running on the deck, under the bleachers or on the bleachers.
4. No climbing across the railing between the gallery and the bleachers.
5. No climbing over the yellow gates between the pool deck and the bleachers.
6. Shoes must be worn whenever outside the pool or change room areas.
7. No diving off the starting blocks or bulkhead during warm-ups. Please slip or jump into the pool. It is recommended to designate lanes one and eight as sprint lanes in one direction only, for the last part of warm-ups.
8. The use of flippers and hand paddles, during warm-ups is prohibited.
9. Swimmers that are not competing are not to be in other areas of the building, and are not to upset the normal operation of the other departments.
10. **Coaches are directly responsible for the supervision of their athletes at all times. This includes the pool area, change rooms, hallways and all other areas of the Mayfield Recreation Centre. All coaches are responsible for their swimmers before and after the swim meet.**