



## Dorado Stars Equipment List

<b>EQUIPMENT</b>	<b>SP</b>	<b>YSP</b>	<b>J1</b>	<b>J2</b>	<b>J2 INTRO</b>	<b>SA</b>	<b>CT</b>
Snorkel**	X	X	X	X	X	X	X
Kickboard	X	X	X	X	X	X	X
Pull Buoy	X	X	X	X	X	X	X
Mesh Bag	X	X	X	X	X	X	X
Skipping Rope**	X	X	X	X	X	X	X
Water Bottle	X	X	X	X	X	X	X
Finis Finger Paddles (Sr. & Jr.)	X	X	X	X	X		
FINS Arena Tech PRO	X	X	X				X*Note below
TYR Catalyst Paddles	X	X	X				X
Pull BAND**	X	X					
Yoga Mat**	X	X	X	X	X		
Roller**	X	X					
FINS-Zoomers or Speedo			X	X	X	X	X*

**CT \*Fins: One pair needed. Choose a brand that suits you best**

We ask that each item be included in the athlete's mesh bag, each piece of equipment is required for effective dryland and swimming exercises/stroke and technical development.

\*\* Items have been low in the past for groups that require them. An individual skipping rope is required for not only training but at meets for activation\*\*